

1. PENGETAHUAN

❖ PRE TEST PENGETAHUAN (KONTROL DAN INTERVENSI)

KELOMPOK KONTROL

PRE TEST KONTROL

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	CUKUP	13	41.9	41.9	41.9
	KURANG	18	58.1	58.1	100.0
	Total	31	100.0	100.0	

POSTEST KONTROL

	Frequency	Percent	Valid Percent	Cumulative Percent
	14	45.2	45.2	45.2
	17	54.8	54.8	100.0

Paired Samples Statistics (KONTROL)

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	PRE TEST PENGETAHUAN	1.5806	31	.50161	.09009
	POSTEST PENGETAHUAN	1.5484	31	.50588	.09086

Paired Samples Test (KONTROL)

		Paired Differences							
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
					Lower	Upper			
Pair 1	PRE TEST & POSTEST PENGETAHUAN	.03226	.17961	.03226	-.03362	.09814	1.000	30	.325

KELOMPOK INTERVENSI

PRE TEST INTERVENSI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	CUKUP	15	48.4	48.4	48.4
	KURANG	16	51.6	51.6	100.0
	Total	31	100.0	100.0	

POSTEST INTERVENSI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	CUKUP	26	83.9	83.9	83.9
	KURANG	5	16.1	16.1	100.0
	Total	31	100.0	100.0	

❖ **UJI PAIRED SAMPEL STATISTIK**

Paired Samples Statistics(INTERVENSI)

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	PRE TES	1.5161	31	.50800	.09124
	POSTEST	1.1613	31	.37388	.06715

Paired Samples Correlations (INTERVENSI)

		N	Correlation	Sig.
Pair 1	PRE TES & POSTEST	31	.425	.017

Paired Samples Test (INTERVENS)

		Paired Differences							
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
					Lower	Upper			
Pair 1	PRE TES - POSTEST	.35484	.48637	.08736	.17644	.53324	4.062	30	.000

❖ **PENGARUH KONSELING GIZI TERHADAP PENINGKATAN PENGETAHUAN**

Paired Samples Statistics (KONTROL DAN INTERVENSI)

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	PRE TEST PENGETAHUAN	1.5484	62	.50172	.06372
	POSTEST PENGETAHUAN	1.3548	62	.48237	.06126

Paired Samples Correlations (KONTROL DAN INTERVENSI)

		N	Correlation	Sig.
Pair 1	PRE TEST & POSTEST PENGETAHUAN	62	.673	.000

Paired Samples Test (KONTROL DAN INTERVENSI)

		Paired Differences					t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
					Lower	Upper			
Pair 1	PRE TEST PENGETAHUAN - POSTEST PENGETAHUAN	.19355	.39830	.05058	.09240	.29470	3.826	61	.000

2. DATA KOLESTEROL

❖ PRE TEST DATA (KONTROL DAN INTERVENSI)

KELOMPOK KONTROL KADAR KOLESTEROL

PRETEST

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TINGGI	31	100.0	100.0	100.0

POSTTEST

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	NORMAL	10	32.3	32.3	32.3
	TINGGI	21	67.7	67.7	100.0
	Total	31	100.0	100.0	

Paired Samples Statistics (KONTROL)

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	PRETEST KONTROL	2.0000	31	.00000	.00000
	POSTTEST KONTROL	1.6774	31	.47519	.08535

Paired Samples Correlations (KONTROL)

		N	Correlation	Sig.
Pair 1	PRETEST KONTROL & POSTTEST KONYTROL	31	.	.

Paired Samples Test (KONTROL)

		Paired Differences							
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
					Lower	Upper			
Pair 1	PRETEST - POSTTEST KONTROL	.32258	.47519	.08535	.14828	.49688	3.780	30	.001

KELOMPOK INTERVENSI KADAR KOLESTEROL

PRE TEST INTERVENSI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	TINGGI (ATAS NORMAL)	31	100.0	100.0	100.0

POSTTEST INTERVENSI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	NORMAL	20	64.5	64.5	64.5
	TINGGI (ATAS NORMAL)	11	35.5	35.5	100.0
	Total	31	100.0	100.0	

Paired Samples Statistics (INTERVENSI)

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	PRE INTERVENSI	2.0000	31	.00000	.00000
	POST INTERVENSI	1.3548	31	.48637	.08736

Paired Samples Correlations (INTERVENSI)

		N	Correlation	Sig.
Pair 1	PRE & POST INTERVENSI	31	.	.

Paired Samples Test (INTERVENSI)

		Paired Differences					t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference				
					Lower	Upper			
Pair 1	PRE & POST INTERVENSI	.64516	.48637	.08736	.46676	.82356	7.385	30	.000

❖ PENGARUH KONSELING GIZI TERHADAP PENURUNAN KADAR KOLESTEROL (KONTROL & INTERVENSI)

Paired Samples Statistics (KONTROL & INTERVENSI)

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	PRETEST 1	2.0000	62	.00000	.00000
	POSTTEST 1	1.5161	62	.50382	.06399

Paired Samples Correlations (KONTROL & INTERVENSI)

		N	Correlation	Sig.
Pair 1	PRETEST & POSTTEST	62	.	.

Paired Samples Test (KONTROL & INTERVENSI)

		Paired Differences							
					95% Confidence Interval of the Difference				
		Mean	Std. Deviation	Std. Error Mean	Lower	Upper	t	df	Sig. (2-tailed)
Pair 1	PRETEST - POSTTEST	.48387	.50382	.06399	.35592	.61182	7.562	61	.000