

Magister Program of Biomedical Sciences
Magister Program of Midwifery
Magister Program of Gender and Development Studies



Present:

THE 2nd INTERNATIONAL CONFERENCE ON

WOMEN AND SOCIETAL PERSPECTIVE
ON QUALITY OF LIFE

WOSQUAL 2020

NOVEMBER 26, 2020

ZOOM Virtual conference

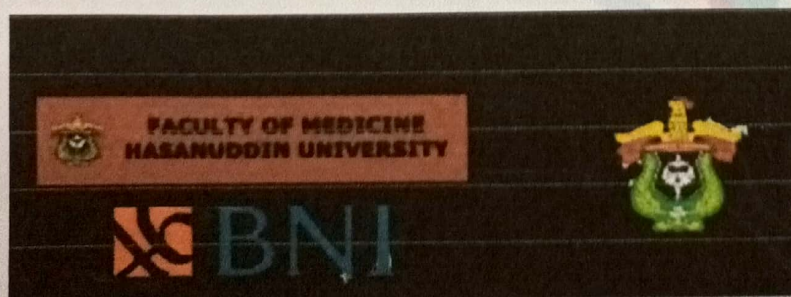


 Publication

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ROOM 4: Medicinal Plants and Natural Products

Moderator : Dr. Andi Nilawati Usman, SKM, M.Kes.

Co-host : Andi Aprilyani

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Co-host : Sandy Kartika Purnomo

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The Effect of Giving Mixed Juice of Papaya (*Carica papaya*) and Honey (*Lycopersicum Esculentum*) on Intensity of Stomach Pain in Patients with Gastritis

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Abstract

Objective: to analyze the effect of giving mixed juice of papaya (*Carica papaya*) and honey (*Lycopersicum Esculentum*) on the intensity of gastric pain in gastritis patients at the Integrated Healthcare Center for elderly of Talia village, the working area of Public Health Center of Abeli, city of Kendari City 2019. **Method:** This research was a quasi-experiment with pre and post-test design with a control group. The population in this study were all patients with gastritis with a sample of 60 people (30 cases and 30 controls). Sampling was done by simple random sampling. Data were analyzed using the paired t-test to analyze differences in pain intensity, and the pooled t-test to analyze the effect of giving a mixture of papaya (*Carica papaya*) and honey (*Lycopersicum esculentum*) juice to reduce pain intensity in patients with gastritis. **Results:** There was a significant effect of giving mixed juice of papaya (*Carica papaya*) and honey (*Lycopersicum esculentum*) to reduce pain intensity in gastritis patients at Integrated Healthcare Center for the elderly of Talia village, the working area of the public health center of Abeli, city of Kendari ($p = 0,000 < \alpha = 0.05$). **Conclusion:** Mixed juice of papaya and honey can reduce the intensity of pain in gastritis patients.

Keywords: Mixed juice of papaya and honey, pain, and gastritis