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AcceptanceNutritionalof SubstitutedTunaMeal (Thunnus Fatmawati, andAisa
DepartmentMidwifery, PolytechnicIndonesia Abstract
Tpresentaimedinvestigateacceptandvalue
ofsubstitutedtunameal(thunnusbacares).his
waspreexperimentDatwerelectedtheofdatnamely
acceptofusingassessmenttheability color,aste, andTnutritionalofisoutthe
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gramscontent19.cabbage14fat2%, 2341%,449%,ash2%.herenoinacceptof
color, andastecookieswithalat of1andTisdifferencetheabilitytheof
cookieswithtunaalatof 1and(=Tpreferredacceptisaof5%.

Keywords: substitutestunaboneacceptnutritional 1. Introduction
Tgrowththeinwombonehateterminesall-being.
Anofall-beingimportduringygethealthy withoutfor?rstandofPregnanciesstuntedal
growthintrauterinerestrictionIUGR)haofeffects,
namely(stilbirth)(9.7%),alperinatcerebral and
Lowweight()alsomapproblemtheandatof
stunting.heofinworldestimated1whereoccurs
mainlydevelopingDatfrom2013showstheage ofinSulawesi10%.

Pregnant need amino acids mineral support. Calcium in women early pregnancy and it until How cite article: Fatmawati, and Ais (2019), *Nutritional of Substituted Tuna Fish M (hunnus bacares)* in The International Nutrition Profession, Life pages DOI/.v4i1.5738 Page Corresponding Author Kartini gloriakartini@gmail.com Received: 23 September 2019 Accepted: 18 November 2019 Published: 22 December 2019 Publishing services provided by Knowledge E Fatmawati et al.

This article is distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use and redistribution provided that the original author and source are credited. Selection and Peer-review under the responsibility of the ICHP Conference Committee. ICHP birth. he amount in during 1200 mg day to calcium and digestive and requirements the and if ful? I can hypo klasma causes cramps in fet bone is perfect that ability bone in women fet development hampered. [

3] One that amino acids mineral support. Tuna one of that found Southeast which chain slot protein calcium. Tuna every within Sulawesi, the is increase of sh waste effort to overcome processing waste is used tuna bones 4 , 5] he of and in is 39 Tuna does not contain calcium inhibitors it absorbed by body minimal, and available effects. [6] Tuna can process ed at that be by women inform our adidi hang sh (thunnus bacores) as source that high and he content tuna meal calcium (13 phosphorus sodium 36%), (0.03%). [7] he of study indicate tuna bone can blood giving sh is expected meet mineral of women that is for and formation. [

8 , 9] Research as study the of sh inform our, the sto of research to the ability nutritional value cookies with al 2. Twas pre experiment Dat col in form primary a, the- to using assessment the ability color, taro mate texture. he value cookies carried in nutrition laboratory. this the of was taken many 20 from Department Nutrition, of Health, . power col through tests form to the level panelist the in putted computerized hea were by Wal tests. DOI/.v4i1.5738 Page ICHP 3. Table 1: Nutritional of Bone lour.

S Type Testing % % sh % % % % Tuna meal 449 51,2 2341 6,2 14 19,3 Tunabone which be as food for bone Table 2 Accept of Color Cookies with Fish F Criteria Substituted Bone lour X[2] p-value 10% 1 20% n % n % n % Very Uninteresting 0 0 0 0 0 2 0,2 Uninteresting 0 0 0 0 0 Neutral 7 35 3 1,0 3 1,0 Interesting 7 35 7 35 9 45 Very 6 30,0 10 50,0 8 40,0 Tot 20 100 20 100 20 100

In able, can seen of 20 colorance it very in substituted tunabone of 5% many 10 panelists 50.0%). he of cruci? xion lisobtp 0.2T shows the reno in accept of color cookies different concentrations. Table 3 AcceptOf the Cookies With Bonelour.

Criteria Substituted Bonelour X[2] p-value 10% 1 20% n % n % n % Very fragrant 0 0 0 0 0 0, Not 0 0 0 0 0 Neutral 6 30,0 5 25 6 30,0 Fragrant 8 40,0 6 30,0 8 40,0 Very 6 30,0 9 45 6 30,0 Tot 20 100 20 100 20 100 In able, can seen from 20 the aroma ance was fragrant cookies with ? sh? our 1 asas panelists.0%). he of Crus Wal testained dp = DOI/.v4i1.5738 Page ICHP T shows the reno in accept of aroma cookies different Table 4: Accept of Taste Cookies with Bonelour.

Criteria Substituted Bonelour X[2] p-value 10% 1 20% n % n % n % Very 0 0 0 0 0 0 0,716 Bad 0 0 0 0 0 Neutral 8 40,0 6 30,0 7 35 Delicious 7 35 7 35 8 40,0 Very 5 25 7 35 5 25 Tot 20 100 20 100 20 100 In able, can seen out the panelist s highest stance neutral cookies with ? sh meal 10% much 8 (40.0%) good taste 20% by panelists T result the wal testained = T indicate the reno in accept of to f with concentrations. Table 5 Receipt Texture Substituted Tuna Bonelour.

Criteria Substituted Bonelour X[2] p-value 10% 1 20% n % n % n % Very crispy 2 10,0 0 0 0 0 7,2 0,023 not 2 10,0 0 0 0 Neutral 7 35 3 1,0 4 20,0 crispy 4 20,0 7 35 8 40,0 Very crispy 5 25 10 50,0 8 40,0 Tot 20 100 20 100 20 100 In able, can seen of 20 the texture ance was crunchy cookies with ? sh? our 1 asas panelists 50.0%). he of Crus Wal testained value up 0.023 T shows the red differences the ability the of with different Based the value ained dt 6 the products are known over al cookies be by panelists. (1 has highest of.

T conclusion 7 that can used one the ingredients that before growth human. DOI/.v4i1.5738 Page ICHP Table 6: Level Favorite Based AI Attributes. Kriteria Cookies 10% 1 20% Warna 3 4 425 Aroma 4 420 4 Ras 385 4 3 Tekstur 340 4 420 Tot 1, 16,95 16,35 Rata 380 420 4 Table 7: Nutritional of Substituted 1 Tuna F S Type Testing % % sh % % % Tunameal 7, 448 9,71 2 76,12 1, 4.

Cookies one of that often choice most small foods consumed a larger ranging children, adults people are Processed that found the until have variations from and taste. as or foods foods that ly tea, or drink s the was in morning 1000 afternoon 4:p.m. 500 sometimes at night going bed. one, is 1-2 cont

1-200.is led food it served two meals, breakfast lunch lunch dinner. he of study at that 100 of substituted tuna bone calcium was carbohydrate 76.12%, was 16%, was Conclusion the results cookies bear as off food that before growth human.

Tuna meal as a source has calcium phosphorus To a mineral, calcium mine especially in bones, a complex phosphorus apatite chylum T form causes ? sh? oure easily by body ranges 60-70 %. he content Midnight? n? our Talis. 19% 0.81% - rus, 36% 0.03% 7] his in with that calcium in tuna bones 39 Tunabone not in absorption so it easily by body little, and side 6] DOI/.v4i1.5738 Page ICHP World organization the amount calcium day for around -, if of sit recommended consume -800, children adolescents higher take for / women is to 1200 Calcium should exceed mg day avoid conditions levels urine 300/ Calcium miny in nearly pregnanc and until birth too in the tract with calcium form mother fetus.

If is ful? little ad hypocalcemia is bone so that can abdominal that abortion, fet bone which in ability, loss pregnant and infant. [3] References [1] Kemenkes (2012) Pedoman Program 1000 Pertama Kehidupan. Jakarta Kemenkes [2] Gardosi, Giddings, Clifford, Wood, ., A (2013) ssociation Reduced IRates England Regional lake Accredit Training in Fet Growth Assessment BMJ [Almatsier, (2014) Prinsip Ilmu . a : Pust Ut [4] Riew pass F.S. Pemanfaat Limbah Perikanan . Ilmu Pengetahuan Teknologi.

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